

# **2021 Coaches Book**

## **South Braintree Girls Softball League**



**Hard work beats talent when talent doesn't work hard." – unknown**

## 2021 BOARD OF DIRECTORS

Name	Title	Contact
Al Saluti	President/Summer League Director	<a href="mailto:sasaluti@comcast.net">sasaluti@comcast.net</a>
Pete Kelly	Vice President/Sophomore Director	<a href="mailto:ppkelly@hotmail.com">ppkelly@hotmail.com</a>
Nicole Driscoll	Secretary/ Registration/Website Director	<a href="mailto:nmdriscoll@yahoo.com">nmdriscoll@yahoo.com</a>
Greg Driscoll	Treasurer Director	
Jessica Saluti	T-Ball /Umpire Director	<a href="mailto:jesssaluti@gmail.com">jesssaluti@gmail.com</a>
Dominic Rinaldi	Junior/Sponsor Director	<a href="mailto:drinaldi@bscgroup.com">drinaldi@bscgroup.com</a>
Jack O'Connell	Schedule Director	<a href="mailto:oc71@comcast.net">oc71@comcast.net</a>
Katie Prendergast	Sophomore Director	<a href="mailto:Kates6179@hotmail.com">Kates6179@hotmail.com</a>
Rebecca Quinn	T-Ball Director	<a href="mailto:Becky0695@yahoo.com">Becky0695@yahoo.com</a>
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John Svagdis	Senior Director	<a href="mailto:jjsvagdis@yahoo.com">jjsvagdis@yahoo.com</a>
Sandy Saluti	Uniforms Director	<a href="mailto:sasaluti@comcast.net">sasaluti@comcast.net</a>
Jacqui Saluti	Skills Director	<a href="mailto:jsaluti@comcast.net">jsaluti@comcast.net</a>
Beth Snyder	Picture Director	
Brian Snyder	Senior Director	<a href="mailto:BrianSn@magenic.com">BrianSn@magenic.com</a>
Bill Stanley	Equipment Director	<a href="mailto:wstanley1022@icloud.com">wstanley1022@icloud.com</a>
Jeff Leung	Junior Director	<a href="mailto:jxleung@hotmail.com">jxleung@hotmail.com</a>
Tim Cobbett	Freshman Director	<a href="mailto:bostoncobbett@gmail.com">bostoncobbett@gmail.com</a>
James McPhee	Freshman Director	<a href="mailto:McPhee09@icloud.com">McPhee09@icloud.com</a>

# 2021 South Braintree Girls Softball League

## League Rules

**GUIDELINES FOR SUCCESS:** The South Braintree Girls Softball League was established by and thrives because of dedicated volunteers like you. As coaches, you are encouraged to be prepared for all practices and games. You are asked to foster a safe environment that supports the development of Softball skills, good sportsmanship and fun. Remember every interaction you have with a child or parent is an opportunity to create a lifelong Softball player. Please be positive, smile, encourage- don't discourage, be enthusiastic-it's contagious.

### Rules:

- All games shall be played according to the USA Softball Rules, [WWW.USASOFTBALL.COM](http://WWW.USASOFTBALL.COM)
- The South Braintree Girls Softball League Rules and Regulations as set down in the following pages, modify the USA Softball regulation in some areas and **ALWAYS** take precedence.

### 2021 COVID RULES:

- All participants must follow the League rules related to 2021 Covid Protocols outlined below: These rules and the safety of all participants related, take precedence over any other rule stated within this document. **NOTE:** *These guidelines will be updated as changes at the Federal, State and local levels are communicated to the league.*

### GENERAL COVID RULES:

- All participants, volunteers, coaches and spectators must show no signs or symptoms of COVID-19 for 14 days. A current list of symptoms is available here: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
- All participants, volunteers, coaches and spectators must have had no known direct contact with an individual testing positive for COVID-19 within the last 14 days.
- If any individual develops symptoms of COVID-19 while at the SBGSL complex, they should immediately inform SBGSL. They will be asked to leave the complex until evaluated by a medical provider and given clearance to return.
- In event of a positive case of Covid-19, SBGSL will work with the town to perform contact tracing and perform a deep cleaning / disinfecting in accordance with current guidance of any areas that could be contaminated.
- All spectators should bring their own seating bleachers will NOT be available to use.
- All spectators/chaperones will practice social distancing & wear face coverings
- Players and coaches should take measures to prevent all non-essential contact necessary to play the game. This includes no handshakes, high fives, fist/elbow bumps, group celebrations, etc.
- SBGSL will have adequate and approved cleaning products (e.g., sanitizer, disinfecting wipes) if at any time you need something please come to the snackbar

# 2021 South Braintree Girls Softball League

## League Rules

### PERSONAL PROTECTIVE EQUIPMENT (PPE)/Covid:

- All players coaches, volunteers, parents umpires, etc. **MUST** wear a face mask that covers both mouth and nose unless there is a medical exception.

### DRINKS AND SNACKS/Covid:

- The snack bar will be open for drinks and prepackaged items only.
- All personal drinks should be clearly labeled with the person's name.
- There shall be no shared beverages, snacks, or food.
- The players will not be allowed food while on the bench to avoid sharing.

### BENCHES/DUGOUTS & PLAYER STAGING/Covid:

- **Coaches will be responsible for tracking attendance through the SI APP (or paper if needed) this will be used for contact tracing!**
- Players and families should leave the fields as soon as possible after the end of their game/practice. This will help us minimize contact with players, coaches, and spectators.
- Parents should make sure that players have all necessary equipment before coming to the dugouts/benches.
- Players should stay at their assigned spots while waiting their turn to participate.
- At the younger divisions, coaches may request that parents/guardians assist in ensuring that players remain in their designated areas and otherwise adhere to these requirements.
- Parents/guardians should help their own child maintain distance before and after practice/games.

### PLAYER EQUIPMENT/Covid:

- Participants should use their own personal equipment whenever possible. All equipment should be labeled with their name.
- Players personal equipment may not be shared and must be dedicated to an individual player throughout the season (gloves, helmets, masks, footwear, pads, etc.).
- SBGSL will minimize the sharing of equipment where possible. If shared equipment is necessary, it will be cleaned and disinfected with an approved product after each use before being used by a new player.
- Players personal bat bags/equipment bags should be labeled clearly and will remain in the players' designated area to prevent direct contact by others.
- Coaches will assist with where bags will be kept for practices and games.
- Player's personal equipment (e.g. bags, helmets, bats, gloves, etc.) should be cleaned and disinfected after each use by a parent/guardian/caretaker, where applicable.

# 2021 South Braintree Girls Softball League

## League Rules

### SOFTBALLS/Covid:

- Each team shall use their own individual set of softballs when on the field.
- Catchers should retrieve foul / passed balls where possible, limiting the umpires contact with the ball.
- Balls used in infield/outfield warm-up will not be used during the game.
- No spectators should retrieve any softballs landing outside the field of play. They must be retrieved by participating players, coaches, and umpires.

### SPITTING, SUNFLOWER SEEDS, GUM, etc. /Covid:

- Sunflower seeds, gum, etc., are **NOT** allowed to be consumed at the complex including dugouts or on the playing field.
- All players and coaches are always to refrain from spitting while at the SBGSL complex.

### COACHES:

- Coaches must:
  - follow all 2021 Covid league rules (Blue font above).
  - be approved by the SBGSL Board of Directors.
  - pass a child-safe reference check (CORI).
  - must monitor and enforce safety, safety is our number one priority!
  - conduct themselves in a professional and courteous manner.
  - abide by the league's ZERO TOLERANCE guidelines.
  - always encourage good sportsmanship and proper conduct.
  - have a named assistant coach who has passed a CORI check prior to the season.
  - be familiar with basic USA Softball Rules and all SBGLS Division Modified Rules.
  - are responsible for the conduct and behavior of assistant coaches, parents and all players.
  - must never leave an unattended child at a practice or game.
  - keep things in perspective, it's a game.
  - have a minimum of 1 practice a week.
  - Ensure all dugouts are cleaned at the end of each game.
  - Only coaches and assistant coaches are permitted to coach and instruct players.
  - Coaches and assistants are the only ones allowed to question calls with the umpire.
  - Coaches and assistants are not allowed to stand behind the backstop. 1<sup>st</sup> offense will be a verbal warning, second offense game forfeit.
  - Coaches and assistants are not allowed to coach the Pitcher, Catcher or Batter from behind the backstop. 1<sup>st</sup> offense will be a verbal warning, second offense game forfeit.
  - Base coaches **MUST** be coaches or adults – Players are not allowed to coach bases.
  - Coaches will sign for equipment and be responsible for returning ALL equipment and balls at the end of the season.
- Will be provided a Combination code or Key for equipment boxes.

# 2021 South Braintree Girls Softball League

## League Rules

### SCHEDULE:

- Start time: Game start time is 6:00 PM on weekdays.
- Darkness rule: For the 2021 season, up until May 10<sup>th</sup>, **NO** inning will start after 7:30 PM. After May 10<sup>th</sup>, no inning shall start after 7:45 PM.
- Forfeit Rule: Games will be forfeited if a team does not field at least seven players within 15 minutes of the start of the game. The score of a forfeited game will be recorded in the standings as 7-0.
  1. Additional players can be called in from the same division for teams that would otherwise have 8 or less players at the start of a scheduled game. Players called in cannot Pitch or Catch, must play the outfield and must bat at the end of the lineup.
  2. Additional players can be called up from one division lower. Players called up cannot Pitch or Catch, must play the outfield and must bat at the end of the lineup.
  3. However, in a situation where your team only has 7 or 8 players and the opposing team has at least 10 players, you are allowed to borrow 1 or 2 players from the opposing team to fill the outfield positions only for defense purposes. The borrowed outfielder should be made up from the player who made the last out in the previous inning (not to include pitcher or catcher). Borrowed players will bat for their team only, not the opposing team.
- Calling a game: League officials or umpires have the right and obligation to call a game for darkness or inclement weather to prevent player injury.
- Cancellations rules:
  1. All cancellations, weather related or otherwise, will be determined by the SBGSL Executive Board.
  2. Coaches DO NOT have authority to postpone, reschedule or cancel any games. Any deviation from this rule will result in forfeiture.
  3. It is the responsibility of the coaches to call all players / parents on their teams with any schedule changes.
- Saturday Rules: Scheduled games times for the Freshman and Senior Divisions are 9 am 11 am and 1 pm. Scheduled game times for the Sophomore and Junior Divisions are 9am and 11am.
  1. The final inning of 9 am games cannot begin after 10:30 am
  2. The final inning of an 11am games cannot begin after 12:30 pm

### WEATHER CANCELLATIONS:

- During inclement weather, do **not** assume a game is cancelled by looking outside!
- Weather related schedule changes:
  - Blast email to all registered players in the league to notify of game cancellations.
  - Parents can send an e-mail to [games@sbgsl.com](mailto:games@sbgsl.com) and a reply e-mail will be sent back to you informing you of any cancellations.

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## League Rules

- Check our Facebook page.
- SIPLAY notifications will be sent.

### **MAKE-UP GAMES:**

- All make-up games will be rescheduled as soon as possible by League President, Al Saluti.
- Reschedule dates will be booked at the next earliest weeknight or weekend time slot, based on field availability and weather.
- If Saturday a rainout everyone should assume we are playing same time on Sunday.

### **UNIFORMS:**

South Braintree Girls Softball Uniforms are sponsored by businesses in our community and present SBGSL as a proud, first class organization. Wearing full uniforms including hats/visors is mandatory. Girls who fail to wear their complete uniform, will not be allowed to play.

#### Players must:

- Wear their complete SBGSL issued uniforms, including hats and visors. (unless wearing a facemask).
- Wear issued Hats/Visors forward, not backwards.
- Wear sneakers or softball cleats (no metal cleats).

#### Players may not:

- Alter or deform team uniforms in anyway (no cut offs or embellishments etc.)
- Wear shorts or capris on the field.
- Wear shoes or boots on the field.
- Wear jewelry of any kind.
- Wear a cast of any kind.

#### Uniform exchanges:

- Pants can be exchanged for a different size at Joe Cushman Sports on Rte. 18 in Weymouth.
- Players must bring the originally issued pants for exchange.
- Shirts will not be exchanged

Uniform Questions: contact **Sandy Saluti**, via TEXT 781-964-1495

### **GAME PREPARATIONS:**

#### Night game warmups(infield):

- Visiting team shall warm up from 5:25 to 5:40.
- Home team shall warm up from 5:40 to 5:55.

# 2021 South Braintree Girls Softball League

## League Rules

### Saturday game warmups(infield):

- Visiting and Home team warm up times will be determined by the coaches and should be equitable.

### Home Team:

- Provides game umpire with two new softballs.
- Puts out all bases and returns them to the equipment boxes at the end of the game. (Bases can be left out in between games for Saturday games.)
- Is listed first on the schedule; bats last and sits on the first base bench.

### Field Set up:

- Bases will be 60 feet apart. (excluding T- ball)
- The measurement for first and third base will be from the rear of the base to the rear of home plate.
- 2nd base will be measured from 1st base and 3rd base.

## **PLAYERS:**

### Playtime:

- All players (excluding late arrivals) must play a minimum of 3 innings in the field.

### Sportsmanship:

- No taunting and baiting will be tolerated.
- Verbal rudeness is not allowed by anyone, including the catcher.
- After each game, both teams (players and coaches), will line up and shake hands in a courteous manner.

### Girls arriving late:

- Are placed at the end of the batting order.

### Pitchers:

- May not borrow another players mask.
- Must wear pitching masks.
- May not pitch intentional walks.

### Catchers:

- Catchers' equipment must be disinfected following 2021 Covid League rules(above) prior to use by next player.
- Must keep equipment on unless scheduled to be at bat or on deck.

### Player Safety:

- Players must adhere to league rules related to the 2021 Covid League Rules (above).
- Players not at bat, up on deck, in the field or warming up are required to remain on the bench.
- Batting helmets are mandatory for all batters, base runners and on-deck batters.



# 2021 South Braintree Girls Softball League

## League Rules

- All Batting helmets must have a facemask.
- Only the batters “at the plate” and “on deck” should be swinging bats.
- The “on deck” batter must be in designated on deck batter cages.
- Throwing the bat is not allowed. The team will be warned, and if it happens again by the same batter or any other batter, the batter will be out, and runners will not be allowed to advance.
- Players are not allowed to be Base coaches.
- All other players should remain behind the fence.
- Keep the players confined to the bench, players are not allowed to wander.

### **Batting:**

- Bats over 27 inches in length must be official softball bats.
- Bats measuring 27 inches or less may be baseball or little league bats.
- Batting out of order will be enforced as per ASA Rules 7:2. which states:

*“if a player bats out of order and the opposing coach approaches the umpire prior to the following batter getting the first pitch thrown to her, then the player who batted out of order is called OUT.”*

- Batters should be encouraged to hit and not be told to look for a walk.
- SBGSL uses a rotating batting order.
- The entire roster shall comprise the batting order, regardless of whether they are playing in the field.
- 5 run Rule (applies to Sophomore, Junior and Senior divisions): The team at bat will take the field after 3 outs or after 5 runs, whichever comes first. The head coach of the team at bat shall inform the opposing coaches and the umpire when the 5th run has scored. If the ball is hit into play prior to the 5<sup>th</sup> run being scored, the umpire will determine when the play comes to an end. The inning will end when the 5<sup>th</sup> run is scored or when the 3<sup>rd</sup> out is made.
- 5 run rule exception: The 5-run rule will be waived in the LAST inning of the game.

### **EQUIPMENT:**

- Players must have their own Gloves, helmets, masks and bats for the 2021 season, borrowing of equipment during play is not permitted.
- New equipment is purchased each year as part of the SBGSL operating expense.
- Coaches will sign for equipment and be responsible for returning ALL equipment and balls at the end of the season.
- Equipment that is either damaged or past its useful life, can be replaced by contacting one of the Equipment Directors
  - Pete Kelly: (cell 781-962-6985): [ppkelly@hotmail.com](mailto:ppkelly@hotmail.com)
  - James McPhee: (cell 781-697-0012): [mcphee09@icloud.com](mailto:mcphee09@icloud.com)

# 2021 South Braintree Girls Softball League

## League Rules

### **SPECTATORS:**

- Parents and spectators must adhere to the 2021 Covid League rules. Failure to comply will result in 1<sup>st</sup> offense will be a verbal warning, second offense game forfeit.
- No taunting of players will be tolerated.
- Parents and spectators are not allowed to question umpire calls.

### **UMPIRES:**

- Umpires Calls are final.
- Umpires are often new and learning please be cooperative and patient.
- Umpires shall follow the rules outlined by the USA Softball Rules, [WWW.USASOFTBALL.Com](http://WWW.USASOFTBALL.Com) and all SBGSL modified rules noted in this document.
- A copy of the USA Softball rule book will be maintained at the Concession Stand.
- Games will not be delayed so that coaches can reference the USA softball rule book
- Umpires must be properly attired. (Junior and Sophomore Division including Shin guard, chest protector and catching Mask)
- Umpires must speak **loudly and clearly** (coaches can politely ask an umpire to speak up.)
- Coaches and designated assistants are the ONLY representatives allowed to question or clarify a call or a ruling, provided it is done in a courteous, professional and non-confrontational manner. All such inquiries should be done between innings or after the game. No inquiries can be made during the inning.
- Any questions/concerns about our umpires, please contact an Umpire Director
  - Jessica Saluti: (cell 781-964-3487) email: jesssaluti@gmail.com

### **Verbal Warnings:**

- Umpires can issue verbal warnings to coaches, players and spectators. The umpire will notify the head coach that the game will be forfeited if the situation continues.
- Coaches are responsible for the actions and statements of the parents on their team. If you cannot get a parent under control contact Al Saluti: 781-964-3434, Pete Kelly: 781-962-6985.

### **PROTESTS:**

- Protests will be permitted according to the USA Softball Rules, [WWW.USASOFTBALL.Com](http://WWW.USASOFTBALL.Com). Additionally, SBGSL requires the protesting coach to hand deliver a written protest to the League President within 24 hours of the incident.

### **ZERO TOLERANCE POLICY:**

- SBGSL has enforces a ZERO Tolerance Policy regarding proper conduct and behavior for Coaches, Player and Spectators.

# 2021 South Braintree Girls Softball League

## League Rules

- Harassing, taunting, intimidating or any other similar behavior is strictly forbidden. Any unacceptable behavior will result in disciplinary action, up to and including loss of coaching privileges.

### **CONCESSION STAND:**

- Concession Stands will be open for drinks and prepackaged snacks.

# 2021 South Braintree Girls Softball League

## SENIOR DIVISION

### SENIOR DIVISION RULES:

#### SCHEDULE:

- Forfeit Rule: Games will be forfeited if a team does not field at least seven players within 15 minutes of the start of the game. The score of a forfeited game will be recorded in the standings as 7-0.
  - Additional players can be called in from the same division for teams that would otherwise have 8 or less players at the start of a scheduled game. Players called in cannot Pitch or Catch, must play the outfield and must bat at the end of the lineup.
  - Additional players can be called up from one division lower. Players called up cannot Pitch or Catch, must play the outfield and must bat at the end of the lineup.
  - However, in a situation where your team only has 7 or 8 players and the opposing team has at least 10 players, you are allowed to borrow 1 or 2 players from the opposing team to fill the **outfield positions only** for defense purposes. The borrowed outfielder should be made up from the player who made the last out in the previous inning (not to include pitcher or catcher). Borrowed players will bat for their team only, not the opposing team.
- Senior Division games shall be 7 innings.
- If, after regulation innings have been played, the game is tied, then one, and only one, extra inning will be played. The score after the extra inning is complete, is recorded as final.
- A game will be declared official after 3 ½ innings if the home team is leading, and after 4 innings if the home team is losing.
- Any game called at the end of a ½ inning will revert to the last full inning to determine the final score.
- Darkness rule: For the 2021 season, up until May 10<sup>th</sup>, **NO** inning will start after 7:30 PM. After May 10<sup>th</sup>, no inning shall start after 7:45 PM.

#### SCOREBOOK:

- Both teams must keep a scorebook, home team book will be the official record. Coaches should compare scorebook between innings and at end of game for final score.

#### TEAMS:

- Each team shall consist of a total of 10 players in the field, four of whom must play the outfield.
- All outfielders must be at least 5 feet behind the base paths. Once the ball is hit, the outfielders' minimum distance from the base paths will not be restricted.

# 2021 South Braintree Girls Softball League

## SENIOR DIVISION

### **PITCHERS:**

- All Pitchers must wear pitching masks.
- The rear of the pitching rubber to the rear of home plate is to be a distance of 43 feet.
- A maximum of 9 innings may be pitched by any one pitcher in a seven-day period if there are 2 games in the week.
- A maximum of 12 innings may be pitched by any one pitcher in a seven-day period if there are 3 games in the week.
- The pitching week begins on Sunday and ends on Saturday. One pitch during any inning constitutes an inning pitched when calculating the inning pitched per player per week.
- Pitching rules will be per USA Softball Rules, [WWW.USASOFTBALL.COM](http://WWW.USASOFTBALL.COM)
- Windmill pitching will be allowed.
- Pitchers and relief pitchers are allowed 5 warm up pitches prior to pitching to the first batter. The first batter must be ready to hit immediately after the completion of the warmup pitches.
- No player may warm up a pitcher without a mask.
- Any high school Freshman, Junior Varsity or Varsity pitcher may pitch up to a total of 3 consecutive innings in a game.
- If a pitcher hits two batters in an inning, she must be removed from the mound. She may not pitch again in this game but may play any other position
- A pitcher who hits three batters in a game must be removed from the mound and cannot pitch again in this game. She may play another position for the remainder of the game.
- If the pitched ball hits the ground first the umpire will determine if the base is granted or not.

### **STEALING:**

- Stealing is allowed on release of the pitch.
- Runner can steal any base including home.

### **SLIDING:**

- Runners must slide into 2<sup>nd</sup>, 3<sup>rd</sup> and home base **IF** a play is being made to that base.

### **MOUNDING:**

- Once a player has control of the ball within the circle, base runners on a base must stay.
- Base runners between bases must immediately advance or return to their bases and are subject to being thrown out. If a base runner does not immediately advance or return, that runner will be called out.

# 2021 South Braintree Girls Softball League

## SENIOR DIVISION

### **BATTING:**

- **5 run Rule:** The team at bat will take the field after 3 outs or after 5 runs, whichever comes first. The head coach of the team at bat shall inform the opposing coaches and the umpire when the 5th run has scored. If the ball is hit into play prior to the 5<sup>th</sup> run being scored, the umpire will determine when the play comes to an end. The inning will end when the 5<sup>th</sup> run is scored or when the 3<sup>rd</sup> out is made.
- **5 run rule exception:** The 5 run rule will be waived in the LAST inning of the game.
- **Dropped 3<sup>rd</sup> strike rule:** in effect- if the catcher fails to catch the third strike before the ball touches the ground and if there are fewer than two outs and first base is not occupied at the time of the pitch, or any time where there are two outs the batter can attempt to advance to first base.
- Batter is awarded a base if struck by a pitch.

### **BUNTING:**

- Unlimited bunting is allowed.
- No fake bunting is allowed.

### **PRACTICE:**

- Coaches must have a minimum of 1 practice a week.
- Prior to the start of the season, the maximum number of practices is 3 per week.
- During the season, the maximum number of practices is 2 per week.
- Practices will last no longer than 2 hours.

### **STANDINGS:**

- Winning team gets 2 points, losing gets 0 points, if there is a tie both teams get 1 point.
- A tie at the end of the season will be determined in the following order: head to head record, runs allowed, runs scored.
- Within 48 hours of the game being played the coach of the winning team is required to log the game score into their [www.sbgsl.com](http://www.sbgsl.com) or SIPLAY account.
  - If you have any questions or are having trouble, please contact Nicole at [SouthBraintreeSoftball@gmail.com](mailto:SouthBraintreeSoftball@gmail.com).

### **PLAYOFFS:**

- Senior playoff matchups will be dictated by final standings from the regular season play.

# 2021 South Braintree Girls Softball League

## JUNIOR DIVISION

### JUNIOR DIVISIONS RULES:

### SCHEDULE:

- Forfeit Rule: Games will be forfeited if a team does not field at least **seven** players within 15 minutes of the start of the game. The score of a forfeited game will be recorded in the standings as 7-0.
  - Additional players can be called in from the same division for teams that would otherwise have 8 or less players at the start of a scheduled game. Players called in cannot Pitch or Catch, must play the outfield and must bat at the end of the lineup.
  - Additional players can be called up from one division lower. Players called up cannot Pitch or Catch, must play the outfield and must bat at the end of the lineup.
  - In a situation where your team only has 7 or 8 players and the opposing team has at least 10 players, you are allowed to borrow 1 or 2 players from the opposing team to fill the outfield positions only for defense purposes. The borrowed outfielder should be made up from the player who made the last out in the previous inning (not to include pitcher or catcher). Borrowed players will bat for their team only, not the opposing team.
- A regulation game shall be 6 innings
- If, after regulation innings have been played, the game is tied, then one, and only one, extra inning will be played. Score after one extra inning is the final score.
- A game will be declared official after 3 ½ innings if the home team is leading, and after 4 innings if the home team is losing.
- Any game called at the end of a ½ inning will revert to the last full inning to determine the final score.
- Darkness rule: For the 2021 season, up until May 10<sup>th</sup>, **NO** inning will start after 7:30 PM. After May 10<sup>th</sup>, no inning shall start after 7:45 PM.

### SCOREBOOK:

- Both teams must keep a scorebook, home team book will be the official record. Coaches should compare scorebook between innings and at end of game for final score.

### TEAMS:

- Each team shall consist of a total of 10 players in the field, four of whom must play the outfield.
- All outfielders must be at least 5 feet behind the base paths. Once the ball is hit, the outfielders' minimum distance from the base paths will not be restricted.

# 2021 South Braintree Girls Softball League

## JUNIOR DIVISION

### **PITCHERS:**

- All Pitchers must wear pitching masks.
- Junior Division, the rear of the pitching rubber to the rear of home plate must be set at a distance of 40 feet.
- A maximum of 9 innings may be pitched by any one pitcher in a seven-day period if there are 2 games in the week.
- A maximum of 12 innings may be pitched by any one pitcher in a seven-day period if there are 3 games in the week.
- The pitching week begins on Sunday and ends on Saturday. One pitch during any inning constitutes an inning pitched when calculating the inning pitched per player per week.
- Pitching rules will be per USA regulation, windmill pitching will be allowed.
- Pitchers and relief pitchers are allowed 5 warm up pitches prior to pitching to the first batter. The first batter must be ready to hit immediately after the completion of the warmup pitches. No player may warm up a pitcher without a mask.
- If a pitcher hits two batters in an inning, she must be removed from the mound. She may not pitch again in this game but may play any other position.
- A pitcher who hits three batters in a game must be removed from the mound and cannot pitch again in this game. She may play another position for the remainder of the game.
- If the pitched ball hits the ground first the umpire will determine if the base is granted or not.

### **STEALING:**

- No runners may leave a base (stealing or not) until the ball reaches the catcher or is hit. Runners will be called out and it will be a not pitch ball.
- Runner can steal any base including home.

### **SLIDING:**

- Runners must slide into 2<sup>nd</sup>, 3<sup>rd</sup> and home base if a play is being made to that base.

### **MOUNDING:**

- Once a player has control of the ball within the circle, base runners on a base must stay.
- Base runners between bases must immediately advance or return to their bases and are subject to being thrown out. If a base runner does not immediately advance or return, that runner will be called out.



# 2021 South Braintree Girls Softball League

## JUNIOR DIVISION

### **BATTING:**

- 5 run Rule: The team at bat will take the field after 3 outs or after 5 runs, whichever comes first. The head coach of the team at bat shall inform the opposing coaches and the umpire when the 5th run has scored. If the ball is hit into play prior to the 5<sup>th</sup> run being scored, the umpire will determine when the play comes to an end. The inning will end when the 5<sup>th</sup> run is scored or when the 3<sup>rd</sup> out is made.
- 5 run rule exception: The 5 run rule will be waived in the LAST inning of the game.
- Dropped 3rd strike rule: NOT in effect for this division.
- Batter is awarded a base if struck by a pitch.

### **BUNTING:**

- Unlimited bunting is allowed.
- No fake bunting is allowed.

### **PRACTICE:**

- Coaches must have a minimum of 1 practice a week.
- Prior to the start of the season, the maximum number of practices is 3 per week.
- During the season, the maximum number of practices is 2 per week.
- Practices will last no longer than 2 hours.

### **STANDINGS:**

- Winning team gets 2 points, losing gets 0 points, if there is a tie both teams get 1 point.
- If there is a tie at the end of the season, to determine playoff: First use head to head record, then runs allowed, then runs scored.
- Within 48 hours of the game being played the coach of the winning team is required to log the game score into their [www.sbgsl.com](http://www.sbgsl.com) or SIPLAY account.
  - If you have any questions or are having trouble logging scores, please contact Nicole at [SouthBraintreeSoftball@gmail.com](mailto:SouthBraintreeSoftball@gmail.com).

### **PLAYOFFS:**

- Junior playoff matchups will be dictated by final standings from the regular season play.

# 2021 South Braintree Girls Softball League

## SOPHOMORE DIVISION

### SOPHOMORE DIVISION RULES

#### SCHEDULE:

- **Forfeit Rule:** Games will be forfeited if a team does not field at least seven players within 15 minutes of the start of the game. The score of a forfeited game will be recorded in the standings as 7-0.
  - Additional players can be called in from the same division for teams that would otherwise have 8 or less players at the start of a scheduled game. Players called in cannot Pitch or Catch, must play the outfield and must bat at the end of the lineup.
  - Additional players can be called up from one division lower. Players called up cannot Pitch or Catch, must play the outfield and must bat at the end of the lineup.
  - However, in a situation where your team only has 7 or 8 players and the opposing team has at least 10 players, you are allowed to borrow 1 or 2 players from the opposing team to fill the outfield positions only for defense purposes. The borrowed outfielder should be made up from the player who made the last out in the previous inning (not to include pitcher or catcher). Borrowed players will bat for their team only, not the opposing team.
- A regulation game shall be 6 innings
- If, after regulation innings have been played, the game is tied, then one, and only one, extra inning will be played.
- A game will be declared official after 3 ½ innings if the home team is leading, and after 4 innings if the home team is losing.
- Any game called at the end of a ½ inning will revert to the last full inning to determine the final score.
- **Darkness rule:** For the 2021 season, up until May 10<sup>th</sup>, **NO** inning will start after 7:30 PM. After May 10<sup>th</sup>, no inning shall start after 7:45 PM.

#### SCOREBOOK:

- Both teams must keep a scorebook, home team book will be the official record. Coaches should compare scorebook between innings and at end of game for final score.

#### TEAMS:

- Each team shall consist of a total of 10 players in the field, four of whom must play the outfield.
- All **outfielders** must be fielding from the edge of the grass or beyond. Once the ball is hit, the outfielder's minimum distance from the base paths will not be restricted.

# 2021 South Braintree Girls Softball League

## SOPHOMORE DIVISION

### **BATTING:**

- 5 run Rule: The team at bat will take the field after 3 outs or after 5 runs, whichever comes first. The head coach of the team at bat shall inform the opposing coaches and the umpire when the 5th run has scored. If the ball is hit into play prior to the 5<sup>th</sup> run being scored, the umpire will determine when the play comes to an end. The inning will end when the 5<sup>th</sup> run is scored or when the 3<sup>rd</sup> out is made.
- 5 run rule exception: The 5 run rule will be waived in the LAST inning of the game.

### **BUNTING:**

- No bunting is allowed.

### **PITCHERS:**

- The rear of the pitching rubber to the rear of home plate is to be a distance of 35 feet.
- A maximum of 9 innings may be pitched by any one pitcher in a seven-day period.
- The pitching week begins on Sunday and ends on Saturday.
- One pitch during any inning constitutes an inning pitched when calculating the inning pitched per player per week.
- Pitchers and relief pitchers are allowed 5 warm up pitches prior to pitching to the first batter each inning. The first batter must be ready to hit immediately after the completion of the warmup pitches.
- No player may warm up a pitcher without a mask.
- A batter will not be awarded a base if hit by a pitch. The pitch will be recorded as a ball.
- If a pitcher hits two batters in an inning she must be removed from the mound. She may not pitch again in this game. She may play another position for the remainder of the game.
- A pitcher who hits three batters in a game must be removed from the mound and cannot pitch again in this game. She may play another position for the remainder of the game.
- If the pitched ball hits the ground first the umpire will determine if the base is granted or not.

### **STEALING:**

- No stealing is allowed.

### **MOUNDING:**

- The play is dead when the ball is in the vicinity of the mound or in the circle around the mound. No player has to have control of the ball. Only one base will be awarded for an un-mounded

# 2021 South Braintree Girls Softball League

## SOPHOMORE DIVISION

ball. If the runner is more than halfway when the ball is mounded, then the runner will be awarded the additional base.

### **PRACTICE:**

- Coaches must have a minimum of 1 practice a week.
- Prior to the start of the season, the maximum number of practices is 2 per week.
- During the season, the maximum number of sophomore practices is 1 per week.
- Practices will last no longer than 1 ½ hours

### **STANDINGS:**

- There are no standings for the Sophomore Divisions.

### **PLAYOFFS:**

- Playoff seeding is determined by random draw.
- All girls must play at least 50% of the regular season games to be eligible to participate in playoff games.
- Any player who sustained injuries during the season is exempt from the above rule.
- The Sophomore Division has no regular season standings therefore Playoff match-ups will be randomly selected by the Division Director.

# 2021 South Braintree Girls Softball League

## FRESHMAN DIVISION

### **FRESHMAN DIVISION RULES**

#### **SCHEDULE:**

- A regulation game shall be 3 innings

#### **TEAMS:**

- During night games, the visiting team shall warm up from 5:25 to 5:40. The home team shall warm up from 5:40 to 5:55.
- All **outfielders** must be fielding at the edge of the grass or beyond
- Once the ball is hit, the outfielders' minimum distance from the base paths will not be restricted.
- A game may be played regardless of the number of players present.
- The home team is listed first on the schedule; bats last and sits on the first base bench.
- After each game, both teams (players and coaches), will line up and shake hands in a courteous manner.

#### **PLAYERS:**

- No jewelry of any kind is to be worn.
- No taunting will be tolerated.
- Players not at bat, up on deck, in the field or warming up, shall remain on the bench at ALL times.
- A girl wearing a cast will not be allowed to play.

#### **PITCHERS:**

- All pitching will be coach pitch, no kid pitch.
- A coach may utilize the batters T at their discretion (coach should have T available on the field prior to the start of each game)

#### **BASES:**

- Bases will be 60 feet apart. The measurement will be from the rear of the base to the rear of home plate. 2nd base will be measured from 1st base or 3rd base.

#### **STEALING:**

- No stealing is allowed.

# 2021 South Braintree Girls Softball League

## FRESHMAN DIVISION

### **BATTING:**

- Beginning with the first game of the season, a player called out will be deemed out and will retire to the bench.
- Batting for each inning begins with the first batter in the rotation and ends with the last batter of the rotation.
  - Three out rule is not enforced for the Freshman Division
- Batting helmets **MUST** be worn by each batter. Helmets are mandatory for base runners and the on-deck batters.
  - Throwing the bat is not allowed.

### **BUNTING:**

- No bunting is allowed.

### **PRACTICE:**

- Coaches are encouraged to have up to 1 practice a week.
- Prior to the start of the season, the maximum number of practices is 2 per week.
- Practices will last no longer than 1 ½ hours.

### **STANDINGS & Playoffs:**

- There are no standings or Playoffs for the Freshman Divisions.

# 2021 South Braintree Girls Softball League

## T- Ball DIVISION

### **T-BALL DIVISION RULES**

#### **SCHEDULE:**

- A regulation game shall be 3 innings

#### **TEAMS:**

- The home team is listed first on the schedule; bats last and sits on the first base bench.
- After each game, both teams (players and coaches), will line up and shake hands in a courteous manner.

#### **PLAYERS:**

- No jewelry of any kind is to be worn.
- No taunting will be tolerated.
- Players not at bat, up on deck, in the field or warming up shall always remain on the bench.
- A girl wearing a cast will not be allowed to play.

#### **PITCHERS:**

- All pitching will be from the Batters T

#### **BASES:**

- Bases will be 45 feet apart. The measurement will be from the rear of the base to the rear of home plate. 2nd base will be measured from 1st base or 3rd base.

#### **STEALING:**

- No stealing is allowed.

#### **BATTING:**

- No outs are awarded, all batters take their base.
- Batting for each inning begins with the first batter in the rotation and ends with the last batter of the rotation.
  - Three out rule is not enforced for the T-Ball Division
- Batting helmets **MUST** be worn by each batter.
- Helmets are mandatory for base runners
- Throwing the bat is not allowed.

# 2021 South Braintree Girls Softball League

## T- Ball DIVISION

### **PRACTICE:**

- First 20 minutes of scheduled game time can be used for practice.
- Coaches may have 1 practice a week (not required).
- Practice may be up to 1 hour.

### **STANDINGS:**

- There are no standings for the T-Ball Divisions.

### **PLAYOFFS:**

- There are no T-ball Division Playoffs